St. Giles CE Primary School

Achieving Through Adventure

Wednesday 5th July 2023

Dear Parents/Carers,

Relationship and Sex Education

The staff here at St. Giles have been busy, busy, busy this year, carefully planning a curriculum which meets the needs of all our children and our community.

As part of this, we have reviewed and developed our own Relationship and Sex Education curriculum. We undertook this work in consultation with staff, children, parents and governors in order to create a sensitive, progressive plan for all year groups.

Relationships education is a compulsory subject in all schools. Sex education continues to be optional in the primary phase, however we believe our curriculum will provide children with a safe space and opportunities to explore the changes they will face as they grow and develop. This view is also shared with our families: 100% of families were happy for St. Giles to deliver sex education in a sensitive and age-appropriate manner (November 2022). A further survey and consultation of parents reported that 100% were happy with our curriculum (late January 2023).

Over the next few weeks, our trained staff will be teaching the relationship and sex education objectives for their class and year groups using the guidance and resources provided within our curriculum.

Our curriculum (which includes detailed lesson plans for each year group) can be found on our website, alongside previous consultation work. The objectives to be taught can be found below. It's important to note that the majority of the teaching focuses on healthy and safe relationships and developing positive self-esteem. All of the sex education objectives are in *italics*.

Early Years	Year 1	Year 2
Reflect on the fact that the children entered the world as babies, and that this event is referred to as their birth.	Understand that babies have special requirements and need a lot of care.	Reflect on the fact that our bodies and skills develop at different rates. Develop a positive attitude to differences.
Recognise the different stages of life.	*Name the main parts of the body.*	*Name the main parts of the body.*
Identify the people who they love and are special to them	Develop skills to ask for help.	*Understand that it is always the female that gives birth.*
Recognise a male role in caring for babies.	Develop skills for dealing with unwanted physical contact.	*Explain how a baby is cared for in the womb.*
Explore the feelings they experience with special people.	Develop strategies for staying safe (in person and online)	Develop strategies for staying safe (in person and online).

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Understand that families are special for caring and sharing	Understand that families are special for caring and sharing	Understand that families are special for caring and sharing
Understand that there are different types of families	Understand that there are different types of families and.	Explore their perceptions about gender stereotypes
describe the special things that they like to do with their family and people who care for them.	describe the special things that they like to do with their family and people who care for them	

Year 3	Year 4	Year 5	Year 6
Recognise that change is a part of growing up.	*Explain a range of emotional changes during puberty and how to deal with them.*	Consider when an adult may be ready for parenthood and reflect on the need for love and trust in a range of relationships	Understand that the pressure to conform to gender and body stereotypes can come from media and peer pressure.
Revise the correct terms for sexual body parts and other major organs in the body.	*Revise the correct terms for sexual body parts and other major organs in the body.*	Consider why some people get married or have stable relationships, and how this is important for family life.	Develop awareness of the pressures to conform to gender and some strategies on how to deal with gender based prejudice.
Begin to learn about the physical and emotional changes during puberty.	*Revise the physical and emotional changes during puberty.*	Recognise the difference between healthy and unhealthy friendships and relationships, and understand their right to physical boundaries.	Recognise the difference between healthy and unhealthy friendships and relationships, and understand their right to physical boundaries.
Understand how the need to keep clean changes during puberty.	*Understand how the need to keep clean changes during puberty.*	*Understand how a baby is conceived*	*Revise and develop their understanding of puberty*
Establish clear skills in asking for help when in school or at home.	Develop strategies for resisting peer pressure.	*Understand how babies are born*	Consider their aspirations for the future.
Understand that families are special for caring and sharing	Understand that families are special for caring and sharing	Understand that families are special for caring and sharing	Understand that families are special for caring and sharing
Revisit perceptions about gender stereotypes and extend to protected characteristics	Standing up against all discrimination:	Standing up against all discrimination: Protected characteristics	Standing up against all discrimination: Protected characteristics
	Protected characteristics	Protected characteristics	Protected characteristics

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We have scheduled several information sessions for parents ahead of the teaching of RSE.

Date	Time	Age range	Staff
Monday 10th July	5 p.m.	Key Stage 2	Mr. O'Connell
Wednesday 12th July	5 p.m.	Early Years, Years 1 & 2	Mr. O'Connell

Can I join a parents' session to find out more information?

- Yes: We are running information sessions for parents. You are more than welcome to join the session for the age of your child.

What information will you share during the parent sessions?

During each parent session our staff will share:

- Explanation about RSE: what is it and how have we devised our own curriculum?
- The learning which we will have planned. Please note, this is already available within our RSE curriculum (which is fully available online).
- Examples of the books which we will be using.
- Opportunity to answer any questions.

What if I cannot make the parent sessions?

We hope that the planned dates and times will enable parents to join us. The slides will also be made available on our school website, this will ensure all parents have access to all information.

Why is this happening so late in the school year?

- In a word: resources. Despite the best efforts of our school office team, we still haven't received all of the materials which we had ordered. Instead, we have waited and now borrowed the resources which have been successfully used at Darley Churchtown CE Primary and All Saints CE Infants and All Saints' CE Junior schools.

Thank you once again for your continued interest and support with the children's learning. It is very much appreciated. I am looking forward to seeing the children benefit from the dedicated time learning and considering the important elements within RSE:

- Families and people who care for me;
- Caring friendships;
- Respectful relationships;
- Online relationships;
- Being safe

Many thanks,

Mr. B O'Connell
Head Teacher

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