St Giles CE Primary School - Forest School Permission Form

Name of Child _____ (Year 5)

I agree to my child taking part in Forest School activities.
I understand that my child might, at an appropriate level, have opportunities to work with hand tools and small fires through the course of their Forest School work.

Medical Information
I confirm that the medical information I have supplied to the school is up-to date.

As an additional precaution, we are required to ask you in more detail about allergies and insect stings. Please tick the appropriate box(es):

□ My child has never been stung by a wasp/bee
□ My child has been stung by a wasp/bee and made a normal recovery
□ My child has been stung by a wasp/bee and had an allergic reaction (If you ticked this box, we will get in touch with you to get further information).

□ My child is a vegetarian / vegan (please circle)

My child has the following food allergy/allergies:
_____
_____
_____

Signed _____ Parent/ Carer
Name of Parent/Carer (print) _____
Date _____

"Go on an adventure, you'll never know where the mystery might unfold…"

Dear Year 5 Children

We hope you are looking forward to our first Forest School sessions. We are really looking forward to you being with you!

We are really lucky to have our own Forest Schools area here at St Giles. During your Forest School sessions, you might find yourself taking part in some of these activities:

- Shelter building
- Fire lighting
- Tool use
- Studying wildlife
- Playing team and group games
- Sensory activities
- Tracking games
- Cooking on an open fire
- Using a Kelly Kettle
- Rope and string work
- Art and sculpture work
- Woodland and traditional craft
- Developing stories and drama, and meeting imaginary characters
- Physical movement activities.

When you come to the Forest School sessions, we'd like you to bring the following clothes so that you are protected against scrapes and bumps and so that you are warm too – it can be cooler under the trees in the shade. If you think you might struggle to bring anything off the list, then come and talk to Mrs Parsons or Mrs Tucker about it and we will see what we can do to help.

<u>Clothing list:</u>

- Waterproof trousers
- Waterproof coat, with a hood.
- Long sleeved top (we need to cover our arms)
- Full length trousers (we need to cover our legs)
- Sturdy trainers, warm boots or wellies (these will not stay clean!)
- Warm Socks (and a spare pair to get changed into afterwards if needed)
- Gloves and woolly hat – Cold weather

We try and work on the principle that there is no such thing as bad weather, only bad clothing! In the case of strong winds, we will always try and continue Forest School provision but we may have to change its location within the school grounds or buildings.

Your first session will be in the morning on **Friday 22nd September**. Please come to school in your Forest school clothes. You will need to bring your school uniform and school shoes with you in a bag so that you can get changed after your session - leave it on your peg when you get to school.

Your child's forest school sessions are as follows:

- **Friday 22nd September**
- **Friday 29th September**
- **Friday 6th October**
- **Friday 13th October**
- **Friday 20th October**
- **Friday 27th October**

See you soon at Forest School!

Mrs Parsons and Mrs Tucker