School Office Friday Update

REMINDERS FOR THE WEEKS AHEAD	
Monday 9th October	• Qualitas after school hockey – KS1 (*places already notified)* • After school gardening club *(places already notified)*
Tuesday 10th October	• Qualitas after school tag rugby – KS2 (*places already notified)* • School football team training after school (*places already notified)*
Wednesday 11th October	• Qualitas after school football – KS2 (*places already notified)*
Thursday 12th October	• Little Smiles Parent and Toddler Group 9 – 10.30am • Class 3 swimming
Friday 13th October	• Year 5 Forest School AM
Monday 16th October	• Individual photographs • Qualitas after school hockey – KS1 (*places already notified)* • After school gardening club (*places already notified)*
Tuesday 17th October	• Class 4 trip to Eyam • Open day 1.30 – 3pm • Class 2, 3 and 4 parent's evenings • Qualitas after school tag rugby – KS2 (*places already notified)* • School football team training after school (*places already notified)*
Wednesday 18th October	• Class 1, 2, 3 and 4 parent's evenings • Qualitas after school football – KS2 (*places already notified)*
Thursday 19th October	• Little Smiles Parent and Toddler Group 9 – 10.30am • Class 3 swimming
Friday 20th October	• Year 5 Forest School AM

Other news:

- Please make sure parent's evening appointment slips have been returned to the office by 9th October
- Please the new Autumn and Winter menu for school lunches below starting from 6th November
- Class 4 parents: please check your ParentPay account to provide consent and payment of the trip to Eyam As soon as possible.

Please do not hesitate to contact us on 01629 56813 or by email enquiries@st-giles-matlock.derbyshire.sch.uk with any questions or queries.

Friday updates can be found in the Newsletters section of our school website.

FURTHER DATES FOR YOUR DIARY	
Friday 27th October	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES FOR HALF TERM
Monday 6th November	INSET DAY SCHOOL CLOSED
Tuesday 7th November	SCHOOL OPENS FIRST DAY BACK FOR HALF TERM
Friday 22nd December	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES
Monday 8th January	SCHOOL OPENS FIRST DAY BACK FOR NEW TERM
Friday 16th February	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES FOR HALF TERM
Monday 26th February	INSET DAY SCHOOL CLOSED
Tuesday 27th February	SCHOOL OPENS FIRST DAY BACK FOR HALF TERM
Thursday 28th March	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES FOR EASTER
Monday 15th April	SCHOOL OPENS FIRST DAY BACK
Friday 24th May	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES FOR HALF TERM
Monday 3rd June	SCHOOL OPENS FIRST DAY BACK
Monday 17th July	INSET DAY SCHOOL CLOSED
Tuesday 23rd July	LAST DAY OF SCHOOL BEFORE SUMMER BREAK

Discover our new Autumn & Winter menu

...etables or salad served with every meal

Week 1

W/C: 06.11.23 / 27.11.23 / 18.12.23 / 22.01.24 / *12.02.24 / 11.03.24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
British chicken in a korma or tikka sauce	Margarita pizza creamy mozzarella & tomato on a deep pan pizza base	British roast chicken with stuffing & gravy	Big British breakfast including sausage & bacon	Breaded fish fingers
Vegetable & chickpea curry	Veggie mince tortilla stack	Butter bean & vegetable bake, with a crispy cheese topping	Big veggie breakfast; including vegan sausage & mushrooms	Cheese & tomato puff pasty pinwheel
served on a bed of rice with a homemade flatbread	served with tomato pasta	served with creamy mash potatoes & vegetables	served with crispy potatoes, tomatoes & baked beans	served with chips & garden peas
Cook's choice of cookie	Chocolate & beetroot brownie	Cornflake bar with a side portion of with fruit	Banana muffin	Fruit crumble with custard

Week 2

W/C: *13.11.23 / 04.12.23 / 08.01.24 / 29.01.24 / 26.02.24 / 18.03.24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Organic British beef meatballs in a tomato sauce	Margarita pizza creamy mozzarella & tomato on a deep pan pizza base	British roast pork served with, apple sauce & gravy	Organic British beef casserole, served with a Yorkshire pudding	Breaded fish fingers
Quorn & vegetable stroganoff	Quorn sausage pattie	Cauliflower cheese bake with a crispy crumb topping	Vegan sausage roll	Crispy veggie fingers
served with pasta & homemade garlic bread	served with potato wedges	served with creamy mash potatoes & vegetables	served with potatoes & gravy	served with chips & baked beans
Cook's choice of cookie	Oaty flapjack with a side portion of fruit	Sprinkle cake	Chocolate cracknel with a side portion of fruit	Apple sponge with custard

Week 3

W/C: 20.11.23 / 11.12.23 / *15.01.24 / 05.02.24 / *04.03.24 / 25.03.24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti bolognaise made with British beef	Organic British beef burger in a bun	British roast chicken with stuffing & gravy	Macaroni cheese	Breaded fish fingers
Quorn dippers served with pasta in a homemade sauce	Vegan burger in a bun	Warming veggie cottage pie	Veggie balls in a homemade tomato sauce with pasta	Veggie Sausage
served with freshly baked crusty bread	served with potato wedges & coleslaw	served with creamy mashed potatoes & vegetables	served with freshly baked garlic bread	served with chips & garden peas
Cook's choice of cookie	Carrot cake muffin	Jelly & fruit	Chocolate crunch with a side portion of fruit	Bakewell 'No Nut' tart & custard

All desserts are suitable for vegetarians

All schools have the option of either a pasta pot, filled jacket potato or sandwich, please speak to your school for their selection

Yoghurt & fresh fruit available daily

ALLER

* Theme b...

DERBYSHIRE County Council

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about WHATSAPP

...MSG ME...

WHAT ARE THE RISKS?

AGE RESTRICTION 16+

In UK and Europe; rest of the world 13+

With more than two billion active users exchanging texts, photos, videos and documents, as well as making voice and video calls, WhatsApp is the world's most popular messaging service. Its end-to-end encryption only allows messages to be viewed by the sender and any recipients: not even WhatsApp itself can read them. This privacy issue has been in the spotlight recently, as the UK's Online Safety Bill proposes to end such encryption on private messaging; WhatsApp is unwilling to do so and has reportedly considered withdrawing its service in the UK should this legislation go ahead.

EVOLVING SCAMS

WhatsApp's popularity makes it a lucrative hunting ground for scammers. Recent examples include posing as the target's child, requesting a money transfer because of a spurious 'emergency'. Plus a scam where fraudsters trigger a verification message by attempting to log in to your account, then (posing as WhatsApp) call or text to ask you to repeat the code back to them, giving them access.

'VIEW ONCE' CONTENT

The facility to send images or messages that can only be viewed once has led to some WhatsApp users sharing inappropriate images or abusive texts, knowing that the recipient can't re-open them later to use as evidence of misconduct. People used to be able to screenshot this 'disappearing' content – but a recently added WhatsApp feature now blocks this, citing increased privacy.

CONTACT FROM STRANGERS

To start a chat, someone only needs the mobile number of the WhatsApp user that they want to message. If your child has ever given their number out to someone they don't know, that person could then contact them via WhatsApp. It's also possible that your child might be added to a group chat (by one of their friends, for example) containing other people that they don't know.

CHAT LOCK

Another new option allows users to store certain messages or chats in a separate 'locked chats' folder, saved behind a passcode, fingerprint or face ID authentication. The risk here is that this function creates the potential for young people to hide conversions and content that they suspect their parents wouldn't approve of (such as age-inappropriate material).

FAKE NEWS

WhatsApp's connectivity and ease of use allows news to be shared rapidly – whether it's true or not. To combat the spread of misinformation, messages forwarded more than five times on the app now display a "Forwarded many times" label and a double arrow icon. This makes users aware that the message they've just received is far from an original ... and might not be entirely factual, either.

VISIBLE LOCATION

WhatsApp's 'live location' feature lets users share their current whereabouts, which can be helpful for friends meeting up or parents checking that their child's safely on the way home, for example. However, anyone in your child's contacts list or in a mutual group chat can also track their location – potentially letting strangers identify a child's home address or journeys that they make regularly.

Advice for Parents & Carers

...TYPING...

EMPHASISE CAUTION

Encourage your child to treat unexpected messages with caution: get them to consider, for example, whether the message sounds like something a friend or relative would really send them. Make sure they know never to share personal details over WhatsApp, and to be wary of clicking on any links in messages. Setting up two-step verification adds a further layer of protection to their WhatsApp account.

THINKING BEFORE SHARING

Help your child to understand why it's important to stop and think before posting or forwarding something on WhatsApp. It's easy – and all too common – for content to then be shared more widely (even publicly on social media). Encourage your child to consider how an ill-judged message might damage their reputation or upset a friend who sent something to them in confidence.

ADJUST THE SETTINGS

It's wise to change your child's WhatsApp settings (go to 'Privacy', then 'Groups') to specify which of their contacts can add them to group chats without needing approval: you can give permission to 'My Contacts' or 'My Contacts Except ...'. Additionally, if your child needs to use 'live location', emphasise that they should enable this function for only as long as they need – and then turn it off.

CHAT ABOUT PRIVACY

Some parents like to check in with their child about how they're using WhatsApp, explaining that it will help to keep them safe. If you spot a 'Locked Chats' folder, you might want to talk about the sort of chats that are in there, who they're with and why your child wants to keep them hidden. Also, if your child has sent any 'view once' content, you could discuss their reasons for using this feature.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and safety behaviour of young people in the UK, USA and Australia.

...HEY OSCAR...

National Online Safety®

#WakeUpWednesday

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