School Office Friday Update

REMINDERS FOR THE WEEKS AHEAD	
Monday 20th November	• Qualitas after school Mini Trampolines KS2
Tuesday 21st November	• Qualitas after school Multi Sports KS1 (to book on ParentPay)
Wednesday 22nd November	• Qualitas after school Touchball – KS2 (to book on ParentPay)
Thursday 23rd November	• Little Smiles Parent and Toddler Group 9 – 10.30am • Class 3 swimming
Friday 24th November	• Year 4 Forest School AM
Monday 27th November	• Qualitas after school Mini Trampolines KS2
Tuesday 28th November	• Qualitas after school Multi Sports KS1 (to book on ParentPay)
Wednesday 29th November	• Qualitas after school Touchball KS2 (to book on ParentPay)
Thursday 30th November	• Little Smiles Parent and Toddler Group 9 – 10.30am • Class 3 swimming
Friday 1st December	• Year 4 Forest School AM

Other news:

- Applications for primary school admissions in September 2024 are now open via Derbyshire County Council. They must receive applications by midnight on 15 January 2024.
- Please be aware payments for the pantomime trips are due by 24th November. Please use ParentPay for this which also provides us with your consent for the trip.
- We have been made aware of a case of headlice in Class 2. Please all be vigilant for these and treat any cases.

Please do not hesitate to contact us on 01629 56813 or by email enquiries@st-giles-matlock.derbyshire.sch.uk with any questions or queries.

Friday updates can be found in the Newsletters section of our school website.

FURTHER DATES FOR YOUR DIARY	
Monday 4th December	CHRISTMAS CRAFTS FOR RECEPTION 2024 STARTERS AND PARENTS/CARERS – 3.30PM - 4.30PM
Thursday 7th December	PANTOMIME TRIP – CLASS 1 AND YEAR 1 – ALADDIN – CHESTERFIELD WINDING WHEEL LAST CLASS 3 SWIMMING LESSON OF THE YEAR
Friday 8th December	CHRISTMAS JUMPER DAY AND CHRISTMAS CRAFTS
Friday 15th December	PANTOMIME TRIP – YEARS 2 – 6 – MOTHER GOOSE - DERBY ARENA
Monday 18th December	SECRET SANTA - pm. Donations by Monday 11th December
Tuesday 19th December	CHRISTINGLE SERVICE 2.30pm
Wednesday 20th December	CHRISTMAS SCHOOL LUNCH
Friday 22nd December	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES
Monday 8th January	SCHOOL OPENS FIRST DAY BACK FOR NEW TERM
Friday 16th February	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES FOR HALF TERM
Monday 26th February	INSET DAY SCHOOL CLOSED
Tuesday 27th February	SCHOOL OPENS FIRST DAY BACK FOR HALF TERM
Thursday 28th March	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES FOR EASTER
Monday 15th April	SCHOOL OPENS FIRST DAY BACK
Friday 24th May	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES FOR HALF TERM
Monday 3rd June	SCHOOL OPENS FIRST DAY BACK
Monday 17th June	INSET DAY SCHOOL CLOSED
Tuesday 23rd July	LAST DAY OF SCHOOL BEFORE SUMMER BREAK

Discover our new Autumn & Winter menu

...etables or salad served with every meal

Week 1

W/C: 06.11.23 / 27.11.23 / 18.12.23 / 22.01.24 / *12.02.24 / 11.03.24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
British chicken in a korma or tikka sauce	Margarita pizza creamy mozzarella & tomato on a deep pan pizza base	British roast chicken with stuffing & gravy	Big British breakfast including sausage & bacon	Breaded fish fingers
Vegetable & chickpea curry	Veggie mince tortilla stack	Butter bean & vegetable bake, with a crispy cheese topping	Big veggie breakfast; including vegan sausage & mushrooms	Cheese & tomato puff pasty pinwheel
served on a bed of rice with a homemade flatbread	served with tomato pasta	served with creamy mash potatoes & vegetables	served with crispy potatoes, tomatoes & baked beans	served with chips & garden peas
Cook's choice of cookie	Chocolate & beetroot brownie	Cornflake bar with a side portion of with fruit	Banana muffin	Fruit crumble with custard

Week 2

W/C: *13.11.23 / 04.12.23 / 08.01.24 / 29.01.24 / 26.02.24 / 18.03.24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Organic British beef meatballs in a tomato sauce	Margarita pizza creamy mozzarella & tomato on a deep pan pizza base	British roast pork served with, apple sauce & gravy	Organic British beef casserole, served with a Yorkshire pudding	Breaded fish fingers
Quorn & vegetable stroganoff	Quorn sausage pattie	Cauliflower cheese bake with a crispy crumb topping	Vegan sausage roll	Crispy veggie fingers
served with pasta & homemade garlic bread	served with potato wedges	served with creamy mash potatoes & vegetables	served with potatoes & gravy	served with chips & baked beans
Cook's choice of cookie	Oaty flapjack with a side portion of fruit	Sprinkle cake	Chocolate cracknel with a side portion of fruit	Apple sponge with custard

Week 3

W/C: 20.11.23 / 11.12.23 / *15.01.24 / 05.02.24 / *04.03.24 / 25.03.24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti bolognaise made with British beef	Organic British beef burger in a bun	British roast chicken with stuffing & gravy	Macaroni cheese	Breaded fish fingers
Quorn dippers served with pasta in a homemade sauce	Vegan burger in a bun	Warming veggie cottage pie	Veggie balls in a homemade tomato sauce with pasta	Veggie Sausage
served with freshly baked crusty bread	served with potato wedges & coleslaw	served with creamy mashed potatoes & vegetables	served with freshly baked garlic bread	served with chips & garden peas
Cook's choice of cookie	Carrot cake muffin	Jelly & fruit	Chocolate crunch with a side portion of fruit	Bakewell 'No Nut' tart & custard

All desserts are suitable for vegetarians

All schools have the option of either a pasta pot, filled jacket potato or sandwich, please speak to your school for their selection

Yoghurt & fresh fruit available daily

ALLER

* Theme b...

DERBYSHIRE County Council

European Immunization Week

Prevent Protect Immunize

NHS

MEASLES

Don't let your child catch it – get them vaccinated with the MMR vaccine

The number of young people catching measles has risen. It's never too late to be vaccinated. You need two doses of MMR one month apart to be fully protected against measles, mumps and rubella.

It's time to make measles a disease of the past.

If you have symptoms of measles, stay at home and phone your GP or NHS 111 for advice. STAY AWAY from GP surgeries and A&E departments – you could spread the illness to others.

Measles symptoms include: high fever; sore, red, watery eyes; coughing; aching and feeling generally unwell; a blotchy red brown rash, which usually appears after the initial symptoms.

immunisation

the safest way to protect your child

For more information contact your local GP surgery or visit: **www.nhs.uk/mmr**

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many games which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

EA SPORTS FC 24

After two decades of holding the official FIFA licence, EA Sports' phenomenally successful football video game series has embarked on a solo run at goal. This season's iteration marks the debut appearance of a new name and branding, but don't let those fool you – EA Sports FC 24 is still a very similar proposition to last year's FIFA 23. Popular features such as Ultimate Team remain a big focus, meaning that potentially costly in-game spending is still among the line-up of risks that parents and carers should be aware of.

AGE RESTRICTION PEGI 3

WHAT ARE THE RISKS?

RECURRING RELEASES

EA Sports FC 24 effectively picks up the FIFA template – meaning that after a year, we can expect EA Sports FC 25 to hit the shelves. Updates between versions of the FIFA franchise tended to be minor, but young fans of the game are almost certain to want the new edition in around 12 months' time, so they can keep playing with updated team kits, players and squad lists.

OFFENSIVE VOICE CHAT

FIFA 23 introduced cross-platform play, and EA Sports FC 24 goes a step further with Clubs, Seasons and Ultimate Team cooperative modes across PlayStation 5, Xbox Series X and S, and PC. That's exciting news for youngsters who love to play with friends online – but connecting a much wider audience does potentially open lines of communication between children and far older online gamers.

IN-GAME PURCHASES

In FIFA, Ultimate Team proved to be a profitable innovation for developers Electronic Arts (EA), and is now found in many of their other titles. Players spend in-game currency to recruit better footballers for their team, but this process can take a frustratingly long time – so young fans may be tempted to skip the grind by paying real-world cash to unlock that coveted star midfielder.

ULTIMATE TEAM SCAMMERS

Since the mode was introduced, Ultimate Team has been a target of scammers who attempt to coax players into buying or selling outside the terms of service from EA and console manufacturers. This shady practice can lead to accounts being banned and in-game items being lost. In some cases, young gamers have also been hoodwinked into handing over their payment details to the fraudsters.

POTENTIAL FOR ADDICTION

Just like real-life football, EA Sports FC 24 offers a thrilling, dynamic blend of tactical awareness and skill that fans find absolutely engrossing. Among younger players in particular, this could lead to identifiers of a gaming disorder as they plead for "just one more game" before bedtime or spend practically all weekend playing more matches to earn additional Ultimate Team packs.

Advice for Parents & Carers

CONTROL SPENDING

If your child enjoys Ultimate Team mode, check that your payment details aren't linked to their account. Bundles of FC Points (the game's currency) start at just £1, so multiple payments can easily slip under the radar. You could consider setting your child an in-game allowance, perhaps through a prepaid card, which will help them to realise that online spending has a real-world effect.

DEFEND AGAINST SCAMMERS

EA *does* contact players via email (although not to ask for usernames or passwords, so watch out for that scam tactic), but *never* through the game itself – so be wary of incoming messages and consider blocking and reporting suspected spam. Your child should avoid buying coins (the in-game currency) from external sites: it could end with them losing their money *and* being banned from the game.

AVOID EXTRA TIME

Many parents of young football-oriented gamers worry about their child playing too much EA Sports FC. There's now also a companion mobile app, which can also often provide another indicator that a child is struggling to disengage from the game. You could initiate discussions around set hours of play – or take stronger action by utilising the parental controls on their console or phone.

SHOW TOXIC CHAT THE RED CARD

Playing EA Sports FC 24 with friends is highly enjoyable, but if competitive types start to turn toxic online, it can ruin everyone's fun. You could occasionally listen in on the voice chat of your child's game for any warning signs that things may be about to boil over. This goes double when playing online with strangers: voice contact with unknown players can be turned off in the game's settings.

CELEBRATE THE VARIETY

Ultimate Team may be the game's 'star player', but there's plenty more to do in EA Sports FC 24 – including modes which allow access to all of football's big names without needing to spend money on packs to unlock them. This new version of the game includes even more women's teams, marking another step forward in representation: an important subject to discuss and celebrate with children.

Meet Our Expert



Lloyd Coombes is Editor in Chief of gaming and esports site GGRecon and has worked in the gaming media for around four years. Always eager to test out the latest apps, games and online trends, he's also a parent who understands the importance of online safety. Writing mainly about tech and fitness, his articles have been published on influential sites including IGN and TechRadar.

National Online Safety®

#WakeUpWednesday

Source: https://www.windowscentral.com/europeans-spends-over-9000-like-xbox-highlighting-predatory-game-design-ea/ https://www.who.int/news-room/questions-and-answers/item/gaming-and-health#:~:text=Gaming%20disorder%20is%20defined%20in,other%20interests%20and%20daily%20activities. https://www.eurogamer.net/is-european-commission-call-for-better-regulation-of-loot-boxes-following-news-report

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