School Office Friday Update

REMINDERS FOR THE WEEKS AHEAD	
Monday 29th January	• Qualitas Club after school – KS2 Fitness – *use ParentPay to book*
Tuesday 30th January	• **St Giles football team training resumes** • Qualitas Club after school – KS1 Fitness - *use ParentPay to book*
Wednesday 31st January	• Qualitas Club after school – KS2 Dodgeball
Thursday 1st February	• Little Smiles Parent and Toddler Group 9-10.30am • **Class 3 Swimming** • **Choir after school with Mr Titterton Y1-Y6**
Friday 2nd February	• NSPCC Number Day – details sent separately • **Year 3 Forest Schools**
Monday 5th February	• Qualitas Club after school - KS2 Fitness – *use ParentPay to book*
Tuesday 6th February	• St Giles v S. Darley football match • Qualitas Club after school - KS2 Fitness – *use ParentPay to book*
Wednesday 7th February	• • Qualitas Club after school - KS2 Dodgeball
Thursday 8th February	• Little Smiles Parent and Toddler Group 9-10.30am • Class 3 swimming • Choir after school
Friday 9th February	• Year 3 Forest Schools

Other news:

- **School Car Park** – The car park gates are now closed between 8.30am and 9.00am and 3.00pm and 3.30pm following feedback from parents and to ensure the safety of all children. **PLEASE PASS THIS MESSAGE ONTO FAMILY AND FRIENDS WHO HELP WITH BRINGING YOUR CHILDREN TO SCHOOL**
- A reminder that the school car park and the entrance to it must not be used for dropping off or collecting children at the start and end of the school day unless previously arranged.
- Monday 4th March – ADVANCE NOTICE - Due to mandatory staff training for all school staff from 4.00pm until 6.00pm AFTER SCHOOL CLUB will only be available until 4.00pm today. Please accept our apologies for any inconvenience.
- Football training for the school team resumes on Tuesday 30th January for those previously involved.
- School Choir with Mr Titterton starts on Thursday 1st February, after school for one hour for Years 1 - 6

- Parents Evening – Will be taking place during the week of 12th February. Further details will follow regarding the times and days for each class.
- The whole school January Newsletter is now available on the school website.
- We appreciate how busy the road outside school is at pick up and drop off times but please be considerate of our neighbours and refrain from blocking access to properties and driveways.
- We have been notified of a case of headlice in Class 2. Please be vigilant for these and treat accordingly.

Please do not hesitate to contact us on 01629 56813 or by email enquiries@st-giles-matlock.derbyshire.sch.uk with any questions or queries.

Friday updates can be found in the Newsletters section of our school website.

FURTHER DATES FOR YOUR DIARY	
Tuesday 6th February	After School Football – St Giles v South Darley
Monday 12th February	PARENTS EVENING Class 1 and Class 3
Tuesday 13th February	PARENTS EVENING Class 2 and Class 3
Friday 16th February	LAST DAY OF TERM
Monday 26th February	**INSET DAY – SCHOOL CLOSED**
Tuesday 27th February	SCHOOL REOPENS
Thursday 29th February	PTFA SCHOOL DISCO 3.30PM – 5.30PM Further details to follow
Monday 4th March	**AFTER SCHOOL CLUB UNTIL 4.00PM ONLY** **Mandatory Staff Training**
Tuesday 5th March	After School Football – St Giles v Darley Churchtown
Monday 11th March	STAY AND PLAY - CLASS 1 AND 2 - 2.45PM-3.15PM
Wednesday 13th March	BOOK LOOK - CLASS 3 AND 4 - 3.15PM-3.45PM
Thursday 28th March	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES FOR EASTER
Monday 15th April	SCHOOL REOPENS FOR THE SUMMER TERM
Friday 24th May	LAST DAY OF SCHOOL BEFORE SCHOOL CLOSES FOR HALF TERM
Monday 3rd June	SCHOOL REOPENS
Monday 17th June	**INSET DAY SCHOOL CLOSED**
Tuesday 23rd July	LAST DAY OF SCHOOL BEFORE SUMMER BREAK NO AFTER SCHOOL CLUB

NSPCC Number Day 2024

IT'S MATHS, BUT NOT AS YOU KNOW IT.



Friday 2 February 2024

#numberday

MATHS CIRCLE

Man Charitable Trust

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EVERY CHILDHOOD IS WORTH FIGHTING FOR

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At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many devices which we believe trusted adults should be aware of. Please visit nationalcollege.com for further guides, hints and tips for adults.

SMARTPHONE SAFETY TIPS

for young people

You may have been lucky enough to have unwrapped a smartphone at Christmas, or you might be eagerly anticipating getting a new one at some point during this year. Whether it'll be your first ever phone or an upgrade on your old model, it's always useful to have a refresher about how to set it up and adjust the settings to keep yourself – and your valuable personal info – safe and secure. We've collected some expert tips to help you enjoy your smartphone in the healthiest way possible.

NEVER SHARE YOUR PASSCODE

Alongside face or fingerprint recognition, your passcode is crucial to unlocking your phone and accessing your apps and personal information. You shouldn't give it out, even to close friends – after all, you wouldn't hand them a key to your house and let them go in for a nosey around! If a friend wants to use your phone, ask them why and make sure you can see what they're doing with it.

ONLY USE AGE-APPROPRIATE APPS

Before downloading a new app or game, check what age rating it has. Don't feel pressured into getting a particular game or app just because your friends are using it. If it's intended for older people, there's a definite risk that it could include content (which is violent or frightening, for instance) or language which isn't suitable and may leave you feeling upset or disturbed.

RESPECT PARENTAL CONTROLS

If you're allowed to have a smartphone, it's because your parents or carers feel that you're mature and responsible enough to use it safely. They might set controls and boundaries on your device – not to spoil your fun but to help you avoid hazards like too much screen time or costly in-app purchases. Following these rules means you can enjoy using your phone while respecting their wishes.

REMOVE TEMPTATION

A good night's sleep is so important for concentration, mood and overall health. Unwinding properly before going to bed – which means not staring at a screen late at night – can often improve sleep quality. Put your phone on charge overnight, but not in your room. This means you'll have a lot less temptation to check any notifications, reply to messages or get caught up scrolling on social media.

TALK TO A TRUSTED ADULT

Whether it's to listen to music, play games, create content or chat with friends, using a smartphone should be fun. If you're ever feeling anxious, worried or scared about going on your phone, then something isn't right. It's important not to ignore these feelings; instead, talk to a trusted adult about what's happening and how it's making you feel.

THINK ABOUT OTHERS

Watching videos, listening to music or calling someone can all help to pass the time while we're on the bus, waiting in a queue or walking down the street. It's important to remain mindful of other people, though: they might not want to hear your tunes or your conversation. Likewise, if you're calling from a public place then don't forget that anyone could overhear something personal about you.

STAY ALERT

Two words: look up. It might sound obvious, but it's so easy to get immersed in what we're looking at or listening to on our phones that we can become unaware of our surroundings – or who might be around us. People often walk with their head down, focusing on their phone, and forget to check for obstacles in their path, cars or other pedestrians coming towards them, which is clearly dangerous.

DEVELOP HEALTHY HABITS

Phones offer a vast amount of content and the chance to chat with friends whenever we feel like it, which can make it difficult to take time away from the screen. If that's something you struggle with, you could try setting time limits on certain apps. Putting our phones down for a while gives us more time to interact with others or do something physical that helps keep us fit and healthy.

IGNORE UNKNOWN NUMBERS

There are some scammers who might call or text asking you to share personal data or to click on a link and provide your details. Some may claim to be from a genuine company, but trustworthy businesses don't spontaneously call or message to ask for your information. It's safest to ignore calls or texts from unknown numbers, and never give your personal details out over the phone.

SWITCH OFF GEOLOCATION

In your phone's settings, you'll be able to disable geolocation for individual apps and photos: this means that people online (including strangers) can't see information about where you are when you share or post a pic. On the subject of images, it's also important to ask permission before taking or sharing a photo of someone – and don't share embarrassing images of your friends with others.

Meet Our Expert



Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and safety behaviour of young people in the UK, USA and Australia.

The National College

National Online Safety

#WakeUpWednesday

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