St. Giles CE Primary School
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Headteacher: Ben O'Connell
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Monday 8th July 2024

Dear Parents/Carers,

The staff at St Giles have carefully planned a curriculum which meets the needs of all our children and our community. As part of this, we have developed our own Relationship and Sex Education curriculum. We undertook this work in consultation with staff, children and parents in order to create a sensitive, progressive plan for all year groups in 2022/23.

To embrace the challenges of creating a happy and successful adult life, our children need the knowledge that will enable them to make informed decisions about their wellbeing, health and relationships and to build their self-efficacy. They can also put this knowledge into practice as they develop the capacity to make sound decisions when facing risks and challenges. Teaching these subjects helps them face many situations in their lives, support them to develop resilience and to know how and when to ask for help.

The focus of our RSE curriculum will be on teaching the fundamental building blocks and characteristics of positive relationships, with particular emphasis on friendships, family relationships, and relationships with other children and with adults. This starts in Early Years, where the children are taught about what a relationship is, what friendship is, what family means and who the people are who can support them.

Relationships education is a compulsory subject in all schools. Sex education continues to be optional in the primary phase, however we believe our curriculum will provide children will a safe space and opportunities to explore the changes they will face as they grow and develop. This view is also shared with our families.

During the next few weeks left at school, staff will be teaching the relationship and sex education objectives for their class using the guidance and resources provided within our curriculum. Our curriculum (which includes detailed lesson plans for each year group) can be found on our website, alongside previous consultation work, and previous slides shared with parents. The objectives to be taught can be found below. It's important to note that the majority of the teaching focuses on healthy and safe relationships and developing positive self-esteem. All of the sex education objectives are highlighted in yellow.

Overview of our agreed RSE curriculum

NB: *Our coherently sequenced sensitive and age appropriate sex education is highlighted in yellow. This has been developed in consultation with staff, parents and governors.*

Early Years	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Reflect on the fact that the children entered the world as babies, and that this event is referred to as their birth.	Understand that babies have special requirements and need a lot of care.	Reflect on the fact that our bodies and skills develop at different rates. Develop a positive attitude to differences.	Recognise that change is a part of growing up.	Explain a range of emotional changes during puberty and how to deal with them.	Consider when an adult may be ready for parenthood and reflect on the need for love and trust in a range of relationships	Understand that the pressure to conform to gender and body stereotypes can come from media and peer pressure.
Recognise the different stages of life.	Name the main parts of the body.	Name the main parts of the body.	Revise the correct terms for sexual body parts and other major organs in the body.	Revise the correct terms for sexual body parts and other major organs in the body.	Consider why some people get married or have stable relationships, and how this is important for family life.	Develop awareness of the pressures to conform to gender and some strategies on how to deal with gender based prejudice.
Identify the people who they love and are special to them	Develop skills to ask for help.	Understand that it is always the female that gives birth.	Begin to learn about the physical and emotional changes during puberty.	Revise the physical and emotional changes during puberty.	Recognise the difference between healthy and unhealthy friendships and relationships , and understand their right to physical boundaries.	Recognise the difference between healthy and unhealthy friendships and relationships , and understand their right to physical boundaries.
Recognise a male role in caring for babies.	Develop skills for dealing with unwanted physical contact.	Explain how a baby is cared for in the womb.	Understand how the need to keep clean changes during puberty.	Understand how the need to keep clean changes during puberty.	Understand how a baby is conceived	Revise and develop their understanding of puberty
Explore the feelings they experience with special people.	Develop strategies for staying safe (in person and online)	Develop strategies for staying safe (in person and online).	Establish clear skills in asking for help when in school or at home.	Develop strategies for resisting peer pressure.	Understand how babies are born	Consider their aspirations for the future.
Understand that families are special for caring and sharing	Understand that families are special for caring and sharing	Understand that families are special for caring and sharing	Understand that families are special for caring and sharing	Understand that families are special for caring and sharing	Understand that families are special for caring and sharing	Understand that families are special for caring and sharing
Understand that there are different types of families	Understand that there are different types of families.	Explore their perceptions about gender stereotypes	Revisit perceptions about gender stereotypes and extend to protected characteristics	Standing up against all discrimination:	Standing up against all discrimination: Protected characteristics	Standing up against all discrimination: Protected characteristics
Describe the special things that they like to do with their family and people who care for them.	Describe the special things that they like to do with their family and people who care for them			Protected characteristics	Protected characteristics	Protected characteristics

Can I join a parents' session to find out more information?

Parents and carers are invited to come into school from **5:00pm – 5:30pm** on **Thursday 11th July**, where we will be sharing the following:

- Explanation about RSE: what is it and how have we devised our own curriculum?
- The learning which we will have planned. Please note, this is already available within our RSE curriculum on our school website.
- Examples of the books which we will be using.
- Opportunity to answer any questions.

If you have any questions, please don't hesitate to contact the school office.

Kind regards

Ben O'Connell
Headteacher

Bethany Simpson
Head of School