School Office Friday Update

REMINDERS FOR THE WEEKS AHEAD	
Monday 15th July	• Qualitas After School Club – KS2 Striking and Fielding • **NO GARDENING CLUB**
Tuesday 16th July	• **Class 2 MAD Sports Event at All Saints Junior School 9.30 - 11.30. Please give consent on Parent Pay. Please can children wear PE kit for school.** • Qualitas Club After School Club – KS1 Football • **NO FOOTBALL TRAINING** • **CLASS 4 PERFORMANCE NOW ON MONDAY 22ND**
Wednesday 17th July	• Qualitas Club after school – KS1 and KS2 – Athletics • **No Gym Club**
Thursday 18th July	• Little Smiles Parent and Toddler Group 9am - 10.30am • **NO SWIMMING** • **No Gym Club**
Friday 19th July	• **NO FOREST SCHOOLS for Year 1 and Year 2**
Monday 22nd July	***** NEW DATE***** • **Class 4 End of Year Production 6pm in school. Parents and relatives of children in Class 4 are invited to watch the performance. Tickets are not required.**
Tuesday 23rd July	• Leavers Service in St Giles Church at 11.00am. Parents and relatives of children in Year 6 are invited to the service • Y6 Clap out at 3.15pm - Please allow Year 6 parents to be at the front near the Reception gate • NO AFTER SCHOOL CLUB
	We hope you all have a lovely summer break and we look forward to welcoming everyone back to school on Friday 6th September

OTHER NEWS

- **PTFA 2024 CHALLENGE – FINAL CALL FOR SPONSORSHIP MONEY TO BE RETURNED. Thank you to all the children who took part and raised £20.24! Many raised much more which is fantastic! If you have not yet returned your sponsorship money please send in by MONDAY 8TH JULY. Thank you**
- **ADVANCE NOTICE – NO AFTER SCHOOL CLUB ON THE LAST DAY OF TERM – Tuesday 23rd July**

- **PARENT PAY. Please help us by settling all outstanding balances for School Meals, Breakfast Club and After School Club promptly. IN ORDER TO ASSIST US WITH THE PREPARATION FOR THE END OF TERM PLEASE ENSURE EVERYTHING IS PAID BEFORE WE BREAK UP. We cannot transfer debts into the new school year. Thank you in advance for your cooperation with this.**
- **PLEASE CAN WE ASK THAT YOU ENSURE ALL CHILDREN HAVE A SUN HAT AND SUN CREAM AND WATER BOTTLE IN SCHOOL DURING THE SUMMER TERM.**

Please do not hesitate to contact us on 01629 56813 or by email with any questions or queries.

Friday updates can be found in the Newsletters section of our school website.

FURTHER DATES FOR YOUR DIARY	
	2024 – 2025 Academic Year
Wednesday 4th September	**INSET DAY – school closed**
Thursday 5th September	**INSET DAY – school closed**
Friday 6th September	**FIRST DAY OF TERM**
Monday 4th November	**INSET DAY – School closed**
Monday 24th February 2025	**INSET DAY – School closed**
Monday 2nd June 2025	**INSET DAY – School closed**

ENJOY AN OLYMPIC LUNCH

FOOD EXPLORERS



Friday 19th July

Star medals

Fish star medals or
Quorn dippers

served with chips &
garden peas

Olympic torch lollies

DERBYSHIRE
County Council

FREE SCHOOL MEALS

Pssst

Did you know that all reception, year 1 and year 2 pupils are entitled to receive a free meal at lunchtime regardless of family income?

And if your child is in year 3 or above, they may also be eligible, if you receive one of the qualifying benefits.



SCAN ME

Just log into the new speedy free school meal checker system to see if your child is eligible. Scan the QR code and it will take you straight there.

DERBYSHIRE County Council

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 18.06.2024



it's about me

Derbyshire's Holiday Activity and Food Programme

Derbyshire DALES District Council

FREE MEAL INCLUDED

HOLIDAY CLUBS

It's About Me is running FREE activity clubs across Derbyshire for children who are eligible for benefits-related free school meals. (HAF)

KIDS CAMP @ HALL LEYS PARK (tennis courts)
Tennis & Multi-Sports Camp

Every Wednesday: 24th July to 28th August 2024
Time: 10am - 1pm Ages 6 - 13yrs

Cost: £15 per child per date (Early Bird rate until 21st July then £17pp)/ FREE HAF places available

Packed lunch is provided (this is pre-ordered) for HAF places. PAYG should bring a packed lunch.

SCAN ME

ACTIVE DALES
Derbyshire Dales District Council

Email: sportsdevelopment@derbyshiredales.gov.uk

SAFER Neighbourhood NEWS

Matlock and Tansley Safer Neighbourhood

July 2024

Firstly, we would like to introduce our newest member to the team...
PCSO Hayley Errington-Radcliffe!! So if you see Hayley whilst she is out and about on her foot patrols, please feel free to say Hello, or give her a little wave and help us to make her feel Welcome in our community! 😊

Would you like to have your say about the concerns or issues that you have about the area where you live?
What is it like to live in your community?

If you do, please complete our online survey and be a part of the conversation.
https://www.derbyshirealert.co.uk/Content/Pages/Register and selecting Derbyshire Talking

The results we receive from these surveys help us to identify what the on-going issues and concerns are. They also help us to plan our patrol strategies so that we can try and be in the right places at the right time in order to address the issues that are being reported!

Our community is important to us and we want to ensure that we get the best out of it and that those visiting our community can also enjoy the facilities we have!

Your team would also like to continue engaging with all areas of our community of all ages so if you hold any groups and would like us to visit and deliver one of the many talks we have to offer then please contact us on mnt@derbyshire.police.uk and one of the PCSO's can make contact with you!

We shall look forward to hearing from you!

Engagements

Mon 8th – 09.00-10.00 – Street Meet at The Milk Churn, Hurst Farm Social Club

Tues 9th – 10.00-11.30 - Hurst Farm Walkaround

Sat 13th – 10.00-14.00 ASB/Community Safety Event, Hall Leys Park

Sun 14th - 15.00-16.00 - Sainsbury's Street Meet

Sat 20th – 10.00-13.00 FREE Bike & Tool Marking Event, Hall Leys Park

Sun 21st – 13.00-14.00 - Cavendish Playing Fields Walk around Street Meet

Thurs 25th – 11.00-12.00 – Farmers Larder Street Meet

Fri 26th – 09.00-11.00 - FREE Tool Marking Event at TWIGGS

@DerbysPolice | derbyshireconstabulary
☎ 101 non-emergency, in an emergency always call 999
www.derbyshire.police.uk

Making Derbyshire Safer **Together**