School Office Friday Update

REMINDERS FOR THE WEEKS AHEAD	
Monday 31st March	• **PTFA Easter Fun Event after school starting at 3.00pm with the Easter Bonnet Parade** • **KS2 Qualitas After School Club – Archery CANCELLED**
Tuesday 1st April	• **Easter Service St Giles Church 2pm – Everyone is welcome to attend** • KS1 Qualtias After School Club – Fundamental Skills • **NO FOOTBALL TRAINING – Match on Thursday**
Wednesday 2nd April	• KS2 Qualitas After School Club – Athletics
Thursday 3rd April	• Little Smiles Toddler Group 9.00am – 10.30am • NO Swimming - CLASS 3 • **Football match after school – South Darley v St Giles**
Friday 4th April	• **Last Day of Term** • Air Ambulance Awareness Day – Children are invited to wear something yellow – Any Donations for Air Ambulance would be greatly appreciated
Monday 21st April	• **Easter Bank Holiday Monday**
Tuesday 22nd April	• **Back to School** • KS1 Qualtias After School Club – Cricket – Book and pay on ParentPay • Football training after school
Wednesday 23rd April	• KS2 Qualitas After School Club – Cricket Book and pay on ParentPay
Thursday 24th April	• Little Smiles Toddler Group 9.00am – 10.30am • Swimming Class 3
Friday 25th April	•

OTHER NEWS

- **ST GILES EASTER FUN Event organised by the PTFA– Monday 31st March. Please join us from 3.00pm. Please bring – see poster below**

- **FREE SCHOOL MEALS** All children that are currently entitled to free school meals will receive them until they finish either primary or secondary education. This continues even if your income increases. This is called transitional protection. Access to this protection will end from **1 April 2025** so if you apply after then, and your earnings go above £7,400 net per annum (£616.67 per month), your child will no longer be eligible for free school meals. You will need to apply for them again if your income goes down. Even if your child receives universal infant free school meals at the moment it is still worth checking **before 1 April 2025** if you qualify and can benefit from the income protection. **If you'd like any further support, please contact the free school meals team.**
  email **checking@derbyshire.gov.uk** or telephone: **01629 536481**.

- **Thank you for all the donations of Chocolate ready for the Easter Fun event on Monday. We are still taking donations!**

- **WALESBY FOREST RESIDENTIAL – THE FINAL BALANCE IS NOW DUE. Thank you if you have already paid. If you anticipate a problem with the final payment deadline please contact the school office.**

- **ParentPay – PLEASE ENSURE ALL ACCOUNTS ARE SETTLED BEFORE THE START OF NEXT TERM.**

- **Qualitas After School Clubs for the next half term:**
  Monday – KS2 Dance – (only 3 Mondays due to Bank Holidays)
  Tuesday – KS1 Cricket
  Wednesday – KS2 Cricket

  These will be available to book and pay next week on Parent Pay

- **Please ensure children bring a water bottle to school every day and that they have a sunhat and sun screen once the warmer weather comes.**

Please do not hesitate to contact us on 01629 56813 or by email with any questions or queries.

Friday updates can be found in the Newsletters section of our school website.



Ever wondered why they behave that way?

Curious to know what is going on in their brain?

Do you want to understand why children have temper tantrums?

CONTACT OUR INCLUSION TEAM

Alex Southall (Family Support worker)
Beth Lloyd (Deputy Inclusion Lead)

Earlyhelp@matlockanddales.derbyshire.sch.uk

Darley Churchtown Primary School

St Giles Primary and Nursery School

All Saints Federation

Bakewell CofE Infant School

UNDERSTANDING YOUR CHILD
SOLIHULL APPROACH

THE SOLIHULL PARENTING COURSE

Matlock and Dales Primary Partnership

AIMS OF THE GROUP:

- Understanding children's behaviour
- Developing reciprocity.
- Increasing confidence and self esteem.
- Strategies for repair when things go wrong.
- Parent/child relationships.
- Promoting reflective, sensitive and effective parenting.
- Supports mental health and wellbeing of parents/ carers.

ISSUES EXPLORED

Exploring feelings

Parenting styles

Communication

Temper tantrums

Sleep patterns

Behaviour

10 WEEK PROGRAMME

Session 1 – Introduction.
Session 2 – How are you and your child feeling?
Session 3 – Tuning into your child's development needs.
Session 4 – Responding to your childs feelings.
Session 5 – Different styles of parenting.
Session 6 – Parent child relationship.
Session 7 – The rhythm of interaction and sleep.
Session 8 – Self regulation and anger.
Session 9 – Communication and attunement.
Session 10 – Celebration

🌟 Solihull Approach Parenting Course 🌟

Dear Parents/Carers,

The Inclusion Team across Matlock and Dales Primary Partnership is excited to introduce the next Solihull Approach Parenting Course!

This course focuses on parent-child relationships, understanding your child's behaviour, and provides a valuable opportunity to connect with other parents who share similar experiences.

The course will take place at All Saints' Infant school, but we warmly welcome all parents and carers from across the partnership to attend.

Course Details:

📅 Start Date: Thursday 24th April
⏰ Time: 9:30 AM – 11:30 AM
🗓️ Duration: 10 weeks (with a 2 week break for half-term and a residential
📍 Location: All Saints Infants Dimple road

To get the most from the course, we kindly ask for a commitment to attend each session.

If you'd like to book a place, please contact your school office or email earlyhelp@matlockanddales.derbyshire.sch.uk to register your interest.

For any enquiries or to learn more about what the course offers, please reach out to the Inclusion Team.

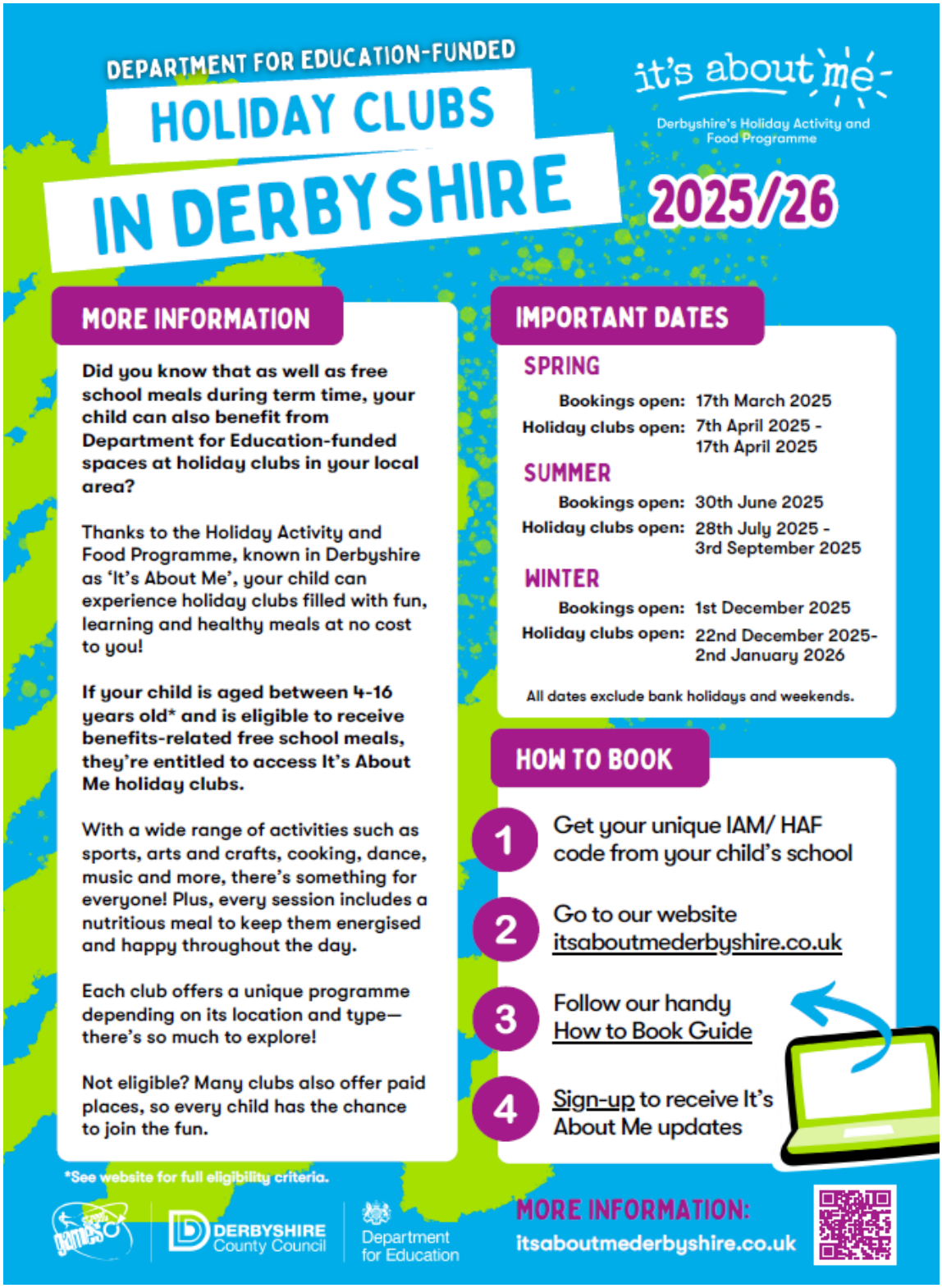
We look forward to supporting you on this journey! 🌟

Kind regards,

Alex Southall (Family Support Worker)
Beth Lloyd (Deputy Inclusion Lead)

FURTHER DATES FOR YOUR DIARY	
Monday 28th April	KS2 Qualitas After School Club - Dance
Tuesday 29th April	KS1 Qualitas After School Club - Cricket
Wednesday 30th April	**Class 2 - Multi Skills Festival at All Saints Juniors. Please provide consent on ParentPay.** **Year 5 and 6 Girls - This Girl Can event at Whitworth Park 9.30 – 11.30 Please provide consent on ParentPay**. KS2 Qualitas After School Club - Cricket
Thursday 1st May	Little Smiles Toddler Group 9.00 – 10.30 Swimming for Class 3
Monday 5th May	**MAY DAY BANK HOLIDAY**
Thursday 8th May	Little Smiles Toddler Group 9.00 – 10.30 Swimming for Class 3
Monday 12th May	KS2 SATS – English Grammar Punctuation and Spelling
Tuesday 13th May	KS2 SATS – English Reading Paper
Wednesday 14th May	KS2 SATS – Maths Papers 1 and 2
Thursday 15th May	KS2 SATS – Maths Paper 3
Friday 16th May	Year 6 Celebration at Whitworth Park
Thursday 22nd May	Bunting Cup
Friday 23rd May	Break up for half term
Monday 2nd June	**INSET DAY – School closed to pupils**
Tuesday 3rd June	**Back to school**
Thursday 12th June	South Peak Sports – Darley Dale Primary School
Wednesday 18th June	Class 2 Dance and Gymnastics Festival at All Saints Juniors
Thursday 19th June	**Lady Manners Transition Day for Year 6 pupils** Class 3 Activity Day and Sleepover – Details to follow Reserve Date for South Peak Sports
Tuesday 1st July	**Highfields Transition Day for Y6 pupils**
Wednesday 2nd July	**Walesby Forest Residential – Class 4**
Thursday 3rd July	**Walesby Forest Residential – Class 4** FINAL SWIMMING LESSON FOR CLASS 3
Friday 4th July	**Walesby Forest Residential – Class 4**
Wednesday 9th July	Class 2 Sports Day at All Saints Juniors
Thursday 10th July	NO SWIMMING FOR CLASS 3
Thursday 17th July	NO SWIMMING FOR CLASS 3
Wednesday 23rd July	Year 6 Primary Athletics at Moorways, Derby (rearranged from 26th June)
Thursday 24th July	**Last day of the school year** **NO AFTER SCHOOL CLUB**

Friday 25th July	First Day of the summer holidays
ACADEMIC YEAR 2025-2026	
Thursday 4th September	**INSET DAY – School closed to pupils**
Friday 5th September	**INSET DAY – School closed to pupils**
Monday 8th September	**First day back at school**



At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

What Parents & Educators Need to Know about BLUESKY SOCIAL APP

AGE RESTRICTION 13+

With an App Store rating of 17+ & Google Play rating Mature

WHAT ARE THE RISKS?

While Bluesky has been around since 2019, it's suddenly taken off in a big way thanks to a significant exodus from X (formerly Twitter). Indeed, it looks and behaves a lot like Twitter before Elon Musk bought the platform. Bluesky has been touted in recent months as a safer, more open-minded alternative to X – but like any social media site, it still has its share of risks.

NO PRIVATE ACCOUNTS

While most social networks allow accounts to be private, at the time of writing, all Bluesky accounts must be public. The development team has indicated this might change in the future, but the app is built on a public-first protocol. If private accounts are ever introduced, it may only be in a limited way – such as through the implementation of group chats.

DANGEROUS MISINFORMATION

Established news organisations have fact-checking and editing processes, but social networks have no such controls and can often serve as breeding grounds for misinformation and disinformation. Bluesky will possibly be no different once it reaches a certain size, and children may not have the critical thinking skills to tell fact from fiction – or to discern an informative, honest user from a malicious one.

INTERACTIONS WITH STRANGERS

Every account being public means that anyone can be contacted by anyone else. While users don't have to respond and can easily block people and move on, it does mean that youngsters are at particular risk of being conned by scammers, messaged by predatory adults or exposed to others with ill intentions. These hazards can be compounded by the fact that Bluesky doesn't require its users to provide their real name.

ADULT TARGET AUDIENCE

Bluesky isn't designed with children in mind, and there aren't many parental controls on the platform. In an interview with the BBC, Bluesky's CEO originally said that the app would only allow users aged 18 and above to sign up, but a spokesperson later clarified its age restriction as 13+. This could imply the app was originally meant for an adult audience and suggests that making the platform more child-friendly might not currently be a priority.

TROLLING AND BULLYING

While Bluesky currently feels a lot friendlier than X seems to have become, its lack of private accounts means that there's nothing to stop users from trolling and cyberbullying younger people. While accounts can be blocked and reported, a persistent bully could simply create a new profile, potentially making their victims feel unsafe in continuing to use the app.

RAPID GROWTH

At the time of writing, Bluesky seems calm in comparison with other social networks where moderation is lax and the atmosphere toxic – but that's due at least in part to its smaller community. The app has recently been adding as many as a million users per day, and if that continues, there'll be more unpleasant users to handle, and moderators could struggle to maintain the pleasant environment Bluesky is currently known for.

Advice for Parents & Educators

USE THE ADULT CONTENT FILTER

Bluesky doesn't have much in the way of parental controls, but there are content filters which can hide sexual and graphic imagery. These are enabled by default for underage accounts but can be manually turned on in the 'Moderation' section of the app's settings. The 'advanced' Bluesky Moderation Service lets you restrict content even further, hiding – for example – self-harm content, extremist rhetoric, and even rude posts.

LOOK OUT FOR FAKES

Impersonation is a problem on all social networks. While the consequences are usually benign, imposters sometimes attempt to scam or groom children by pretending to be a popular influencer or online personality. Bluesky is unique in that it can be connected to official domains, with users' handles linking to other sites; while this isn't widely used right now, it could be a reliable way to verify celebrities and public figures in future.

ENCOURAGE BLOCKING AND REPORTING

Another tool that Bluesky uses to ensure a decent experience is muting and blocking accounts. The former prevents you from seeing a specific user's content, while the latter stops them from seeing yours. If a child is encountering trolls or bullies on the platform, encourage them to use this function, while also reporting the offenders to help make the platform a nicer place for everyone.

KEEP AN OPEN DIALOGUE

As with all social media platforms, moderation and content filters can only do so much; it's highly likely that a child will eventually face something unsavoury. For that reason, it's important to make sure that young people are aware of the risks and know how to handle the technology if anything they see on the app makes them feel unsafe or uncomfortable.

Meet Our Expert

Alan Martin is an experienced technology journalist who has written for the likes of Wired, TechRadar, Tom's Guide, The Evening Standard, The Guardian and The New Statesman.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: https://nationalcollege.com/guides/bluesky-app

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 26.03.2025

Spring & Summer Menu

Available Daily: Bread, Salad, Fresh Fruit, müller Yoghurt & Drinking Water

Allergen Key

Celery	C	Molluscs	Mo
Cereals	G	Mustard	Mu
Crustaceans	Cr	Nuts	N
Eggs	E	Peanuts	P
Fish	F	Sesame Seeds	Se
Lupin	L	Soya	So
Milk	M	Sulphur Dioxide	Su

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	"Meal designed by pupils at Staveley Junior School" Crispy Beef Tacos with Sunshine Rice	V Creamy Tomato Lasagne G/M/Mu/So with Garlic Bread G & Side Salad	Roast of the Day with Stuffing G, Mashed Potatoes M, Seasonal Veg. & Gravy	Big Breakfast Sausage G/So/Su, Bacon, Hash Browns, Baked Beans & Tomatoes	Fish Fingers F/G with Chips, Carrots & Sweetcorn (Young's)
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal – Please speak with your school for their selection				
Dessert	Chewy Cherry Cookie E/G (NEW)	Ice Cream M with Fruit (50% Less Sugar)	Flapjack G with Fruit (50% Less Sugar)	Jaffa Choc Pot M (NEW)	Strawberry Marbled Muffin E/G/M (müller)

Weeks Starting: 21.04.25 / 12.05.25 / 09.06.25 / 30.06.25 / 21.07.25 / 15.09.25 / 06.10.25

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Golden Pastry Topped Pie E/G/M, with New Potatoes, Seasonal Veg. & Gravy	V Cheese & Tomato Pizza G/M with Potato Wedges & Side Salad	Pork Sausages G/So/Su with Mashed Potatoes M, Seasonal Veg. Yorkshire Pudding E/G/M & Gravy	BBQ Chicken Fajita Wrap G with Sweetcorn Salsa, Oven Baked Potatoes & Seasonal Veg. (NEW)	Fish Stars F/G with Chips, Baked Beans & Peas (Harry Ramsden's JUNIOR)
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal – Please speak with your school for their selection				
Dessert	Oaty Cookie Su/G	Chocolate Pear Slice E/G (50% Less Sugar)	Sprinkle Cake E/G	Strawberry Whip M (NEW)	Scrumble G with Fruit & Ice Cream M (NEW) (50% Less Sugar)

Weeks Starting: 28.04.25 / 19.05.25 / 16.06.25 / 07.07.25 / 01.09.25 / 22.09.25 / 13.10.25

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Cheese & Bean Enchilada G/M with Mexican Rice & Salad (Tilda)	Beef Burger G in a Bun G with Diced Potatoes, Salad & Rainbow Slaw E/Mu	Roast of the Day with Stuffing G, Mashed Potatoes M, Seasonal Veg. & Gravy	Chicken Curry M served with Rice & Homemade Flatbread G/So (Tilda)	Fish Fingers F/G with Chips, Carrots & Sweetcorn (Young's)
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal – Please speak with your school for their selection				
Dessert	Chocolate Orange Cookie G	Lemon Muffin E/G	Chocolate Cracknel M/G & Fruit (50% Less Sugar)	Jelly & Fruit (50% Less Sugar)	Pancakes E/G/M with Fruit Coulis

Weeks Starting: 05.05.25 / 02.06.25 / 23.06.25 / 14.07.25 / 08.09.25 / 29.09.25 / 20.10.25