School Office Friday Update

REMINDERS FOR THE WEEKS AHEAD	
Monday 28th April	• KS2 Qualitas After School Club – Dance – please book and pay on ParentPay
Tuesday 29th April	• KS1 Qualtias After School Club – Cricket – please use ParentPay to book and pay • **Football Match after school– Darley Churchtown v St Giles No Training due to match**
Wednesday 30th April	• **Class 2 MAD Sports AM at All Saints Juniors – PLEASE PROVIDE CONSENT ON PARENTPAY** • **Year 5 and 6 Girls - This Girl Can event at Whitworth Park 9.30 – 11.30** • KS2 Qualitas After School Club – Cricket – book and pay on ParentPay
Thursday 1st May	• **Class Photographs** • Little Smiles Toddler Group 9.00am – 10.30am • Swimming – Class 3
Friday 2nd May	•
Monday 5th May	**MAY DAY BANK HOLIDAY MONDAY**
Tuesday 6th May	• KS1 Qualtias After School Club – Cricket – Book and pay on ParentPay
Wednesday 7th May	• KS2 Qualitas After School Club – Cricket - Book and pay on ParentPay
Thursday 8th May	• Little Smiles Toddler Group 9.00am – 10.30am • Swimming - Class 3
Friday 9th May	•

OTHER NEWS

- **THURSDAY 24TH JULY – LAST DAY OF TERM – A reminder that there is NO AFTER SCHOOL CLUB ON THE LAST DAY OF TERM.**

- **WALESBY FOREST RESIDENTIAL – THE FINAL BALANCE WAS DUE AT THE END OF MARCH. Thank you to all those who have now paid in full. Please can further payments/final payments be made as soon as possible.**

- **ParentPay – Please help by making regular payments to prevent balances increasing. Payments should be made at least monthly and must be clear at the end of each half term.**

- **Water Bottles - Please ensure children bring a water bottle to school every day and that they also have a sunhat and sunscreen once the warmer weather comes.**

- **SUMMER TERM EVENTS**

  SPORTS DAY – Wednesday 25th June in the afternoon – details and timings to follow.

  (Reserve Date Wednesday 9th July)

  CLASS 4 End of Year Production – Tuesday 15th July in the evening. Details to follow.

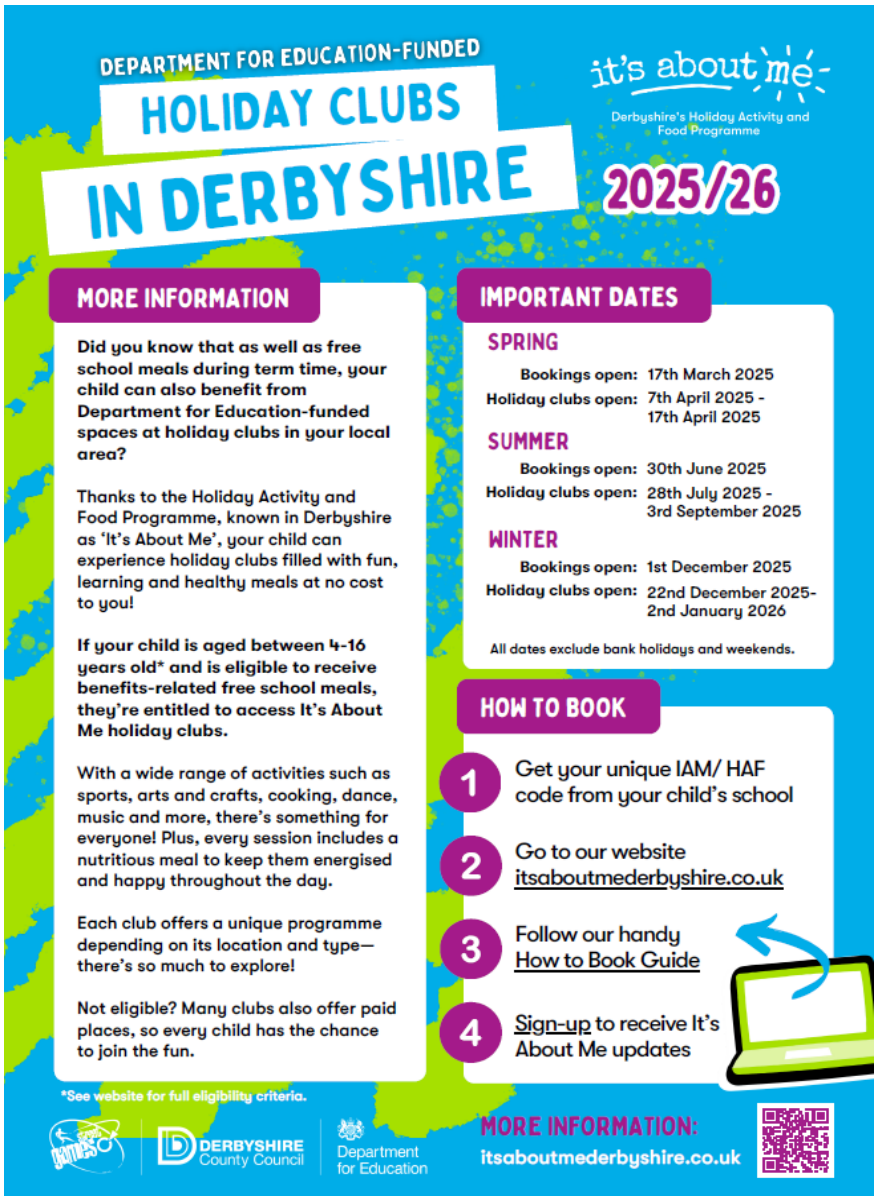
  LEAVERS SERVICE – Tuesday 22nd July in St Giles Church in the afternoon. Details to follow.

Please do not hesitate to contact us on 01629 56813 or by email with any questions or queries.

Friday updates can be found in the Newsletters section of our school website.

FURTHER DATES FOR YOUR DIARY	
Monday 12th May	KS2 SATS – English Grammar Punctuation and Spelling
Tuesday 13th May	KS2 SATS – English Reading Paper
Wednesday 14th May	KS2 SATS – Maths Papers 1 and 2 Reception and Nursery trip to Matlock Farm Park – letter to follow
Thursday 15th May	KS2 SATS – Maths Paper 3
Friday 16th May	Year 6 Celebration at Whitworth Park – Please provide consent on Parent PayPay
Tuesday 20th May	Football match after school – St Giles v All Saints
Thursday 22nd May	Bunting Cup
Friday 23rd May	**Break up for half term**
Monday 2nd June	**INSET DAY – School closed to pupils**
Tuesday 3rd June	**Back to school**
Thursday 5th June	**Whole School Trip to Gullivers Valley**
Thursday 12th June	South Peak Sports – Darley Dale Primary School
Wednesday 18th June	Class 2 Dance and Gymnastics Festival at All Saints Juniors
Thursday 19th June	**Lady Manners Transition Day for Year 6 pupils** Class 3 Activity Day and Sleepover Reserve Date for South Peak Sports
Wednesday 25th June	**SPORTS DAY (afternoon) – details to follow**
Tuesday 1st July	**Highfields Transition Day for Y6 pupils** **Move up Day for children changing classes in September**
Wednesday 2nd July	**Walesby Forest Residential – Class 4**
Thursday 3rd July	**Walesby Forest Residential – Class 4** FINAL SWIMMING LESSON FOR CLASS 3
Friday 4th July	**Walesby Forest Residential – Class 4**
Wednesday 9th July	Class 2 Sports Day at All Saints Juniors Reserve Date for Sports Day
Thursday 10th July	NO SWIMMING FOR CLASS 3

Tuesday 15th July	**Class 4 End of Year Production in the evening**
Thursday 17th July	NO SWIMMING FOR CLASS 3
Tuesday 22nd July	**Leavers Service in St Giles Church - afternoon**
Wednesday 23rd July	Year 6 Primary Athletics at Moorways, Derby (rearranged from 26th June)
Thursday 24th July	**Last day of the school year** **NO AFTER SCHOOL CLUB**
Friday 25th July	First Day of the summer holidays
ACADEMIC YEAR 2025-2026	
Thursday 4th September	**INSET DAY – School closed to pupils**
Friday 5th September	**INSET DAY – School closed to pupils**
Monday 8th September	**First day back at school**



Spring & Summer Menu

Available Daily: Bread, Salad, Fresh Fruit, müller Yoghurt & Drinking Water

Allergen Key

Celery	C	Molluscs	Mo
Cereals	G	Mustard	Mu
Crustaceans	Cr	Nuts	N
Eggs	E	Peanuts	P
Fish	F	Sesame Seeds	Se
Lupin	L	Soya	So
Milk	M	Sulphur Dioxide	Su

Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	"Meal designed by pupils at Staveley Junior School" Crispy Beef Tacos with Sunshine Rice	V Creamy Tomato Lasagne G/M/Mu/So with Garlic Bread G & Side Salad	Roast of the Day with Stuffing G, Mashed Potatoes M, Seasonal Veg. & Gravy	Big Breakfast Sausage G/So/Su, Bacon, Hash Browns, Baked Beans & Tomatoes	Fish Fingers F/G with Chips, Carrots & Sweetcorn (Young's)
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal – Please speak with your school for their selection				
Dessert	Chewy Cherry Cookie E/G (NEW)	Ice Cream M with Fruit (50% Less Sugar)	Flapjack G with Fruit (50% Less Sugar)	Jaffa Choc Pot M (NEW)	Strawberry Marbled Muffin E/G/M (müller)

Weeks Starting: 21.04.25 / 12.05.25 / 09.06.25 / 30.06.25 / 21.07.25 / 15.09.25 / 06.10.25

Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Golden Pastry Topped Pie E/G/M, with New Potatoes, Seasonal Veg. & Gravy	V Cheese & Tomato Pizza G/M with Potato Wedges & Side Salad	Pork Sausages G/So/Su with Mashed Potatoes M, Seasonal Veg. Yorkshire Pudding E/G/M & Gravy	BBQ Chicken Fajita Wrap G with Sweetcorn Salsa, Oven Baked Potatoes & Seasonal Veg. (NEW)	Fish Stars F/G with Chips, Baked Beans & Peas (Harry Ramsden's JUNIOR)
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal – Please speak with your school for their selection				
Dessert	Oaty Cookie Su/G	Chocolate Pear Slice E/G (50% Less Sugar)	Sprinkle Cake E/G	Strawberry Whip M (NEW)	Scrumble G with Fruit & Ice Cream M (NEW) (50% Less Sugar)

Weeks Starting: 28.04.25 / 19.05.25 / 16.06.25 / 07.07.25 / 01.09.25 / 22.09.25 / 13.10.25

Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
The Main Event	Cheese & Bean Enchilada G/M with Mexican Rice & Salad (Tilda)	Beef Burger G in a Bun G with Diced Potatoes, Salad & Rainbow Slaw E/Mu	Roast of the Day with Stuffing G, Mashed Potatoes M, Seasonal Veg. & Gravy	Chicken Curry M served with Rice & Homemade Flatbread G/So (Tilda)	Fish Fingers F/G with Chips, Carrots & Sweetcorn (Young's)
Daily Choice	Pasta Pot, Filled Jacket Potato or a Sandwich meal – Please speak with your school for their selection				
Dessert	Chocolate Orange Cookie G	Lemon Muffin E/G	Chocolate Cracknel M/G & Fruit (50% Less Sugar)	Jelly & Fruit (50% Less Sugar)	Pancakes E/G/M with Fruit Coulis

Weeks Starting: 05.05.25 / 02.06.25 / 23.06.25 / 14.07.25 / 08.09.25 / 29.09.25 / 20.10.25

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com. Trigger Warning: This guide contains mention of suicide, which may be distressing for some readers.

What Parents & Educators Need to Know about
MAKING FRIENDS ONLINE

In today's digital world, it's increasingly common for children to form friendships with people they've never met in person. While online connections can offer children a sense of belonging, they also carry significant risks. Around 19% of children aged 10 to 15 in England and Wales have chatted online with someone they've never met face to face. This guide offers expert advice for parents and educators on helping children navigate online friendships safely.

WHAT ARE THE RISKS?

ONLINE GROOMING THREATS

Predators can use games, chat apps or social media platforms to build relationships with children and gain their trust. This may quickly develop into grooming or exploitation. Between April 2017 and March 2023, UK police recorded nearly 34,000 online grooming offences – an 82% increase in just five years.

EXPOSURE TO INAPPROPRIATE CONTENT

Children may encounter distressing or explicit material while interacting with online contacts – especially via TikTok, Instagram or Snapchat. This is evidenced in a survey by the Children's Commissioner for England, which found that 49% of children aged 8 to 17 had seen content online that made them feel uncomfortable, worried or upset.

PRIVACY AND DATA RISKS

Children and young people often overshare personal details – such as where they live or go to school – without understanding the consequences. In fact, 4.4% of 10 to 15-year-olds in the UK have met up in real life with someone they'd only spoken to online.

COMPROMISED PERSONAL SAFETY

Meeting an online 'friend' in real life risks placing a child in serious danger. From abduction to coercion, the consequences can be devastating. Reports of children being harmed after such meetings are becoming increasingly common in the UK, highlighting the need for safeguarding intervention.

PSYCHOLOGICAL DISTRESS

Online harm – such as cyberbullying, grooming or exposure to disturbing content – can lead to long-term emotional issues, including anxiety, depression and PTSD. 'Sextortion' gangs, who threaten to release sexual information about a person unless they pay them money, have reportedly targeted children as young as 11, leaving them traumatised and ashamed.

LONG-TERM REPERCUSSIONS

Children exposed to harmful online relationships early on may develop unhealthy beliefs about relationships, consent, or self-worth. In a recent case, a 26-year-old posed as a girl on Snapchat to befriend children aged 10 to 16, manipulating them into sexual activity and causing profound emotional distress. One 13-year-old tragically died by suicide, highlighting the long-term psychological harm online friendships with strangers can cause.



Advice for Parents & Educators

TEACH SAFE ONLINE HABITS

Help children understand how to use privacy settings, protect their personal information, spot fake profiles, and report anything suspicious or concerning, like pressure tactics. Encourage them to think critically about what they share – and whom they're talking to.

ENCOURAGE REAL-WORLD CONNECTIONS

Support children in building friendships through school, clubs, hobbies and activities in the real world. Strong offline relationships help reduce children's reliance on online platforms for social interaction, and can help them develop resilience and social confidence.

KEEP CONVERSATIONS OPEN

Let children know they can talk to you about their online life. Avoid reacting with anger or judgement, as this may prevent them from opening up in the future. A child who feels listened to is more likely to disclose problems before they escalate.

USE PARENTAL CONTROLS

Parental control settings on devices, games and apps can help manage screen time, filter out inappropriate content, and monitor activity. While no system is perfect, they provide a valuable layer of protection as children explore digital spaces.

Meet Our Expert

Gabriella Russo is a safeguarding consultant with over 30 years' experience in supporting children, families, and adults across education, local authority, and mental health settings – both in the UK (including at Parliamentary level) and internationally.



#WakeUpWednesday

The National College

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